



The high school baseball season is the purest form of competition a high school player has come across in his baseball career. A player must earn his spot on a team, most rosters are comprised from one single community, age gap of up to four years, and playing time is not guaranteed. Overall, all high school players regardless of age, are most likely facing some new challenges. These challenges need to be **embraced by the player - and the family**. Embracing challenges when situations aren't going as desired, or when struggles present themselves is the **key**. Everyone embraces the journey when success is present, embracing the journey when struggle arises are **what the greats do**.

It's called hard work, not easy work.

The term is blood, sweat, and tears.

NOT

Show up, do what is required, and entitlement.

There is a difference between putting in time and putting in work.

For any player who isn't satisfied with their current role or playing time...there's one answer that will **forever** and always ring true – **PLAY BETTER**

- Don't like that you're not playing?
- Wish you were pitching more?
- Prefer to be playing a different position?
- Think you should be hitting higher in the order?

PLAY BETTER!

Parents always ask, "what can I do to help my son?" Here's your opportunity – encourage them to take **responsibility** and **embrace the struggle**. Building adversity skills is key in being a successful player and person. One cannot build adversity skills without facing adversity head on. The worst thing a player (or his family) can do is to point the finger of blame elsewhere.

An employee blaming their boss for their performance or complaining to their co-workers about their role doesn't create a good culture for anyone involved or foster a positive environment for growth.

The high school baseball season is an exciting time for a player's priority to be about **something bigger than themselves and to be committed to their team**. Embrace the opportunities that come with being a part of the ultimate team environment – there's always a silver lining present if you're a problem solver oppose to a problem finder! Good luck this spring!

